

Beginning with the Spring 2016 season, the LFA will not place individual registrants on teams. Rather, the LFA will act as a facilitator wherein the LFA will provide individual registrants with team contact information. The LFA does not recommend nor endorse any team/coach. It is your responsibility to contact the coach and determine whether or not to proceed.

**To register as a player WITHOUT a team please complete PART II of the registration form.**

Upon receipt, the LFA will provide you with coaches contact information and you can then inquire about joining an already established team and then decide whether to register.

The simplest course of action is to form your own team and recruit players; then your team will be included in the coaching list seeking additional players, if any.

**To register/form a team please complete PART I and PART II of the registration form.**

Typically, there are plenty of players in need of a team; so if you would like to coach, you can form a team with as little as a single player; it then should be easy to fill those team slots with non-team affiliated players.

Non-team affiliated players will then contact you seeking to join your team.

The LFA uses a 7-on-7 format and a typical team has anywhere from 10-14 players. There are three divisions in the LFA based upon school grade and not by age group:

Junior Division (K-2<sup>nd</sup> grades)

Youth Division (3<sup>rd</sup>-5<sup>th</sup> grades)

Teen Division (6<sup>th</sup>-8<sup>th</sup> grades)

There are eight (8) guaranteed games – 7 regular season games and a playoff game or a consolation game (depending if your team advances to the playoffs).

All games are played at the Lanco Fieldhouse in East Petersburg, PA.

Here are the scheduled dates for our Spring 2016 season:

March 19	11:30 a.m.-3:00 p.m.
March 20	12 noon-6:30 p.m.
April 2, 9, 23, 30, May 7, 14 and 21 (playoffs)	12 noon-6:30 p.m.
Championship Games on May 25	6-9:30 p.m.

Typically, the Junior Division plays first (12 noon-2/3 p.m.), followed by the Youth Division (2/3-4/5 p.m.), and ending with the Teen Division (3/4-6 p.m.).

A game consists of two 25 minute halves with a 3 minute halftime period; games are officiated using PIAA and LFA officials with modified PIAA football rules for flag football.

Required equipment includes: solid black shorts, non-metal cleats (turf cleats highly recommended) and a mouth guard. The LFA will provide team colored tee shirts and flag belts.

Please contact Joe Galante, LFA Director with any questions (892-7098).

**LANCASTER FOOTBALL ASSOCIATION**

**REGISTRATION FORM**

**PART I: Team & Coach Contact Information**

Team & Coach Name: \_\_\_\_\_

Coach E-Mail Address: \_\_\_\_\_

Coach Phone Contacts: \_\_\_\_\_

**PART II: Individual Contact Information**

Player Name: \_\_\_\_\_ Birth date: \_\_\_\_\_

T-Shirt size (please circle one): YS YM YL YXL AS AM AL AXL

Grade: \_\_\_\_\_ School & District: \_\_\_\_\_

Height \_\_\_\_\_; Weight \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

E-Mail: \_\_\_\_\_

**PART III: Payment Information**

1. \$105 check payable to: "*Lancaster Football Association*",
2. Complete registration form, AND
3. Complete REQUIRED COMBINED WAIVER FORM

Mail to:

**LANCASTER FOOTBALL ASSOCIATION, INC.  
P.O. BOX 433  
LANDISVILLE, PA 17538-0433**

**For any questions or additional information please contact  
Joe Galante, LFA Director at: 717-892-7098  
[Lancasterfootballassociation@comcast.net](mailto:Lancasterfootballassociation@comcast.net)**